

## Dear Parents, Carers and Families

Welcome to the 2026 school year. We have all had a surprising start to term, nothing is quite as we thought it would be and it is taking us all a bit of time to settle in. In some ways it feels like we have been back at school for months, but reality shows us it has only been two weeks.

Thank you to everyone who has sent their condolences and kind wishes to our staff and community. It's at times like these when the thoughts of others help us all to get through the days ahead. Our staff room has never seen more cake, flowers, cards and emails of support from colleagues, local associations, businesses and community groups. Thank you all.

I especially want to commend the staff for the way they have stepped in and supported each other—the true strength of our team has certainly been on display.

I also acknowledge the unwavering support from our District Director Sue Cuneo, Assistant Director Jo Stephens, and Coordinator of Regional Operations, Dianne Richards. Staff support has also been provided by our School Psychologist Jess Fitzgerald and Lead Psychologists Cath Redman alongside our Chaplain Trudy and the Youthcare PCIR team who have all been onsite and available to speak with staff over the past two weeks.

The Director General of Education Jay Peckitt has also been in constant contact with me, checking on our needs, offering support. His deputy Steve Watson has also been a great assistance, lending advice and counsel - for all of this we are very grateful.

As we move on with establishing a solid start to the year, we have made a few changes to classes and staffing. I have contacted all parents who's children are affected by the changes and am happy to have been met with fabulous support. This has allowed us to restructure a few of the middle high school classes and more effectively meet student needs. Thank you to those parents, staff and students involved in this process. We are on track to start the new classes on Monday 16th February. Class list information is included in this newsletter.

In term one it is usual for us to begin IEP collaborative meetings in week three, unfortunately, given the circumstances, we have had to push these meetings back a few weeks. Class teachers will send meeting invitations for weeks five and six. Existing plans will be used in the interim.

Even though we have had a slower start and this term is only nine weeks long, it will be action packed. Make sure you have a look at the term planner for all the special days and activities taking place at Castlereagh.

This morning, Friday, we had a super special morning with around 400 year 12 students from Willetton Senior High School coming to parade their fabulous costumes and stopping to spend time with our students. Stand out costumes ranged from fairies, and bananas to dinosaurs and even a group paying homage to Bunnings! This event is part of their annual final year celebrations and is always a morning our staff and students look forward to—especially this year—being Friday the 13th! Check out the pictures in this edition.

*So... here's to a fantastic term, I look forward to working with you to create a wonderful learning environment for all.*

Regards

*Pauline Winrow*

Principal



Here is our new logo and a link to the website

<https://castlereaghschool.wa.edu.au/>

### Instagram Page



Castlereaghschool 246  
followers!

### Updated Bus Contacts

School Bus Services:  
9326 2528

Castlereagh/Willagee  
Michael: 0409687663

Castlereagh/Parkwood  
Matt: 0417945698  
Castlereagh/Riverton  
Dave: 0475564203

### Castlereagh Absentee

#### Administration

9266 6100 if no answer please  
leave a voicemail

#### Email

[castlereagh@education.wa.edu.au](mailto:castlereagh@education.wa.edu.au)

#### Seesaw

Your child's Learning Area

## Learning Area 6

It has been a great start to 2026. The students have been learning the routines in their new classroom.

**Maths:** The LA6 students have been learning to skip count using our 1-100 charts, also using the 1-100 Pop-Its to help work out what number comes next when skip counting.

**Literacy:** We have been reading about friends and talked about what we want in a friend.

**Cooking:** We have made fruit icy poles using apples and oranges with the students choosing their fruit and helping to cut it.



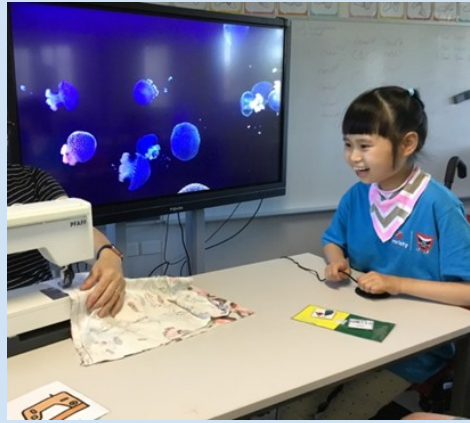
## Learning Area 12

A busy start to the new school year for LA 12 students, settling into classroom routines with daily Literacy sessions of Shared Reading, Independent Writing, and Self-Selected Reading from their chosen library books. Students have begun to construct their own library bags during STEAM, using a switch to activate a sewing machine. During Visual Arts, students painted silhouettes of self-portraits after discussing their facial features during our Shared Reading text *I Am Me* by Tristan Towns.

On Wednesday Miss Courtney began Movement sessions, in the gym area, using lots of fun equipment for our students to explore. The mini trampoline and scooters boards were a hit! Miss Courtney will also be conducting Health lessons and Miss Lisa is introducing new topics for HASS. Overall, a productive first week in LA 12.



Sewing Library Bags



Choosing fabric and pressing switch to sew



Choosing library books



Painting Self-Portrait



Painting Self-Portrait



Bean bag throwing into target



Bouncing on mini trampoline



Reading chosen library books

## Term One Reminders



# Car Park

As you will have noticed, things can get very busy in the carpark—especially at drop off. We have staff being traffic wardens who are there to ensure the smooth movement of people and vehicles and the safety of students. We have specific spaces available—disabled bays—for use by those with wheelchair needs and we try to ensure that there is a spot for you to stop safely.

We ask that you listen to the wardens and not argue with them.

Once the buses begin to arrive they have right of way to access the front of the school—this means we will ask you to stop and wait—or to move your vehicle to a safer spot. We also ask you NOT to park behind cars that are in the disabled bays. Those with wheelchair needs can receive assistance from staff once you have your child secured in their chair and ready to enter the school via the zebra crossings.

Lets all keep the carpark a safe, calm and respectful environment.

## Willetton Senior Students' Parade



## Supporting our Castlereagh Community

When times are difficult it is important to reach out and talk to someone. That someone may be at your child's school, a member of their Admin Team, a Chaplin, a School Board or P&C member. They may have just the right information for you or they may be able to direct you to a great support service.

Schools often work closely with community groups and agencies and may be able to connect you to the right person. The Admin Team at Castlereagh School have had lots of experience in helping families in difficult situations and we are here should you need us. There are also many other agencies such as the ones listed below who may be able to offer assistance.

### **Ability WA:**

Ability WA is a leading disability service provider with over 70 years' experience providing high-quality, personalised services to people living with disability and their families.

Fully NDIS registered, Ability WA provides a comprehensive range of wrap-around services – therapy services, early childhood intervention services, home and living services, community services, employment services and AbilityTECH equipment services – designed to support customers across all stages of life to realise their abilities.

With five Ability WA hub locations across the Perth metropolitan area, customers can choose to receive direct services in their own communities, in their home, at school or via telehealth.

**Phone: 1300 106 106**

### **Autism Connect:**

Autism Connect is available to anyone seeking support related to autism. The service was created for autistic people seeking guidance around diagnosis and services, their families or friends, and anyone supporting an autistic adult or child in education, health settings or workplaces

**Phone: 1300 308 699 Email: [info@autismconnect.org.au](mailto:info@autismconnect.org.au) Webchat: [amaze.org.au/autismconnect](https://amaze.org.au/autismconnect)**

### **CrossLinks:**

Crosslinks is more than Disability Support Services in Perth – we create possibilities. Live your life to the fullest through joy, support and connection. At Crosslinks, our NDIS support coordination team is here to help you make sense of your NDIS plan and turn it into real-world supports that fit your life. If you're someone trying to do it all, we're here to take the pressure off and walk beside you every step of the way.

**Phone: 93741600**

## Class List Term 1

<b>Kindy LA 2</b> Julia Staniec M-W Sarah Love W-F		<b>LA1</b> Yvette Lilleyman 0.8 M W-F Liz Kingsford 0.2 TUE		<b>LA3/4</b> Leah Coutinho M-F	
Leonardo	K1	Salah	1	Azahra	3
Marcus	K1	Zakariyah	1	Ken	3
Afnan	K2	Rafael	1	Hridhaan	3
Zayd	K2	Adam	1	Suho	3
Cagan (Chaan)	PP	Adeline	1	Suli	4
Dashel	PP	Scarlett	1	Rishaan	4
Abby	PP	Jia An	2	Hudson	4
Atlas	PP	Ayaan	2	Andrew	4
Fatimah	PP	Makyis	2	Ashveer	4
		Judah	2	Sahib	4
<b>9</b>		<b>10</b>		<b>10</b>	

<b>LA6</b> Natalie Wheeler M-F		<b>LA 11</b> Tiani Perkins M-F		<b>LA 7/8: SENSORY</b> Jenny Cannon M-F		<b>5: CE</b> Jenny Lojitin M-F	
Joshua	5	Shaffan	7	Droho	5	Guerschom	6
Evan	5	Lawrence	7	Chaise	5	Suvreen	7
Siddharth	6	DJ	7	Bhagya	6	Luca	7
Adam	6	Baye	7	Zoe	8	Lucas	8
Thomas	6	Luke	7	Talia	9	Adrien	8
Lucie	6	Evie	7	Phu	9	Zack	9
Ajniha	6	Sophia	7	Mina	10	Shateaka	8
William	6	Micah	8	Nura	10		
<b>8</b>		<b>8</b>		<b>8</b>		<b>7</b>	

<b>LA12 (transportable)</b> Leanne Salas M-F		<b>LA9/10 (BER): CE</b> Jess Cornelius 0.8 M-TH Sonia Grandile 0.2 F		<b>LA13 (Transportable)</b> Alison Moran 0.8 M-TH Courtney Hall 0.2 F	
Daisy	10	Aralie	11	Hayesha	11
Sophia	8	Evie	11	Gilbert	11
Kieran	10	Faris	11	Flynn	11
Zhiqing	9	Einas	12	Valentino	12
Chance	9	Tyler	12	Raiden	10
Anthony	9	Lauren	12	Keano	10
Shruthi	10	Pascasie	12	John	12
Frederic	10	Rayan	10	Jye	9
		Lucas	10		
<b>8</b>		<b>9</b>		<b>8</b>	



# Autism Connect

## National autism helpline

Autism information you can trust. Free, confidential and independent.

Autism Connect will connect you to a friendly team of advisors who provide expert information and advice in many areas, including:

- Exploring autism and autistic identity
- Behaviour and communication strategies
- Assessment and diagnosis support
- School and education
- The NDIS
- Referrals to services
- Peer support connections
- Finding autism-inclusive events
- Making environments accessible

**Phone: 1300 308 699**

**Email: [info@autismconnect.org.au](mailto:info@autismconnect.org.au)**

**Webchat: [amaze.org.au/autismconnect](https://amaze.org.au/autismconnect)**



## YouthCARE Chaplain - Community Support

For those new to Castlereagh School, my name is Trudy and I am the Community Support Chaplain.

While chaplaincy often focuses on supporting students, my role is a little different. I support the community around our students – our families and staff.

As a mum to Eliana, my gorgeous autistic, semi-verbal 11-year-old, this role is very close to my heart. I understand first-hand how beautiful, chaotic, isolating and challenging it can be to support our special children, and I feel privileged to walk alongside our school community.



### Ways I support our Castlereagh community include:

- ◆ Parent Cuppa Chats – every Monday morning during term, a relaxed space for parents to connect over a coffee or tea.
- ◆ Private Facebook Group – where Ms Pauline and I share key school reminders and parents can post relevant community events. <https://www.facebook.com/groups/castlereaghfamiliesgroup>
- ◆ Parents-only Messenger Chat – for informal connection, playdates and catch-ups outside of school. <https://m.me/iAbYl40ovh1f-x4uK/>
- ◆ OzHarvest weekly deliveries – fresh fruit and veg for classrooms and families. With the rising cost of living, many of our families have benefited from a fruit & veg bag from OzHarvest. If you would like support in this way, please contact me – all requests are confidential.

I know not everyone can attend in-person catch-ups, but I'm always happy to connect. I'm at school on Mondays and Fridays all day and Thursday mornings.

You're very welcome to contact me on 0428 307 886 if you'd like a chat.

Warmly,

Trudy

Trudy James - YouthCARE Chaplain – Community Support Family FB group:  
<https://www.facebook.com/groups/castlereaghfamilyandfriends>



### Put some CRUNCH into your day!

Australian children are not eating enough vegetables. Primary school aged children need between 4 and 5 serves every day. Eating vegetables will benefit:

- bones and joints
  - brain and nervous system
  - energy and metabolism
  - heart and circulation
  - hydration
  - immunity
  - skin
  - vision
- AND they taste great!**



**Why not pack some fresh vegies for Crunch&Sip®?**  
Try carrot sticks, cherry tomatoes, snow peas, broccoli and cauliflower pieces, celery or cucumber.



Learn more at [crunchandsip.com.au](http://crunchandsip.com.au)

Crunch&Sip®

## What's on in the Community

# 2026

## What's On



### South East Metro Parenting Support Service

Programs for Parents and Carers of children 0-18 years living in the South-East Metro area

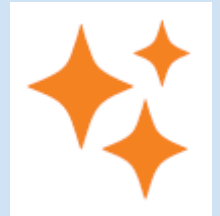
#### Term 1 Parenting Program

#### Programs available this term include:

- Circle of Security Parenting
- Tuning in to Kids
- All About Sleep
- Positive Discipline in Everyday Parenting
- Little Sprouts (for parents of young children)
- Let's Talk Teens
- Power of Play

The full program details are available in the attached document or can be downloaded from our website here:

[Communicare Term One Parenting Program 2026 \(PDF\)](#)



## THRIVING WITH ADHD FREE WORKSHOP

**Saturday 28 February, 1 - 3pmth Riverton Library**

Learn the vital skills of listening with empathy and practising self-compassion for both children and adults. This interactive workshop is designed for parents of children with ADHD as well as adults diagnosed with ADHD — who want practical, evidence-based tools to help them thrive.

Delivered by Dr Louise Brown.



## Draft Term 1 Planner 2026: Castlereagh School

	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
<b>Week 1</b>	2 Kindy 1	3 Kindy 1	4 Kindy 1	5 Kindy 2	6 Kindy 2
	All Students Return Parent Cuppa w/ Chaplain @ 9.00				
<b>Week 2</b>	9 Kindy 1	10 Kindy 1	11 Kindy 2	12 Kindy 2	13 Kindy 2
	Parent Cuppa w/ Chaplain @ 9.00 Oz Harvest				Newsletter
<b>Week 3</b>  Collaboration IEP Mtgs week	16 Kindy 1	17 Kindy 1	18 Kindy 1	19 Kindy 2	20 Kindy 2
	Parent Cuppa w/ Chaplain @ 9.00 Oz Harvest				
<b>Week 4</b>  Collaboration IEP Mtgs wee	23 Kindy 1	24 Kindy 1	25 Kindy 2	26 Kindy 2	27 Kindy 2
	Parent Cuppa w/ Chaplain @ 9.00 Oz Harvest			Admin Assem- bly & Parent M/ tea	Newsletter
<b>Week 5</b>  March	2 <b>PUBLIC</b>  <b>HOLIDAY</b> <b>LABOUR DAY</b>	3 Kindy 1	4 Kindy 1	5 Kindy 2	6 Kindy 2
				School Coun- cil 9.15am	
<b>Week 6</b>  Conductive Education Week	9 Kindy 1	10 Kindy 1	11 Kindy 2	12 Kindy 2	13 Kindy 2
	Parent Cuppa w/ Chaplain @ 9.00 Oz Harvest <b>Term 1</b> <b>Fundraiser</b>	<b>Gecko Sports -</b> <b>Soccer p-8</b>	<b>Willetton Stadi- um Basketball</b> <b>11am</b>	LA 10 CE Assembly & Parent M/tea	Newsletter
<b>Week 7</b>  Wetlands Week of Wonderful Work	16 Kindy 1	17 Kindy 1	18 Kindy 1	19 Kindy 2	20 Kindy 2
	Parent Cuppa w/ Chaplain @ 9.00 Oz Harvest	<b>Gecko Sports -</b> <b>Soccer p-8</b>	<b>Willetton Stadi- um Basketball</b> <b>11am</b>		
<b>No Therapist This Week</b>					
<b>Week 8</b>  March	23 Kindy 1	24 Kindy 1	25 Kindy 2	26 Kindy 2	27 Kindy 2
	Parent Cuppa 9 Oz Harvest <b>Harmony Day- Free Dress</b>	<b>Gecko Sports -</b> <b>Soccer p-8</b>	<b>Willetton Stadi- um Basketball</b> <b>11am</b>	<b>Water Fun Day</b>	Newsletter <b>Term 1</b> <b>Fundraiser</b> <b>ends</b>
<b>Week 9</b>  April	30 Kindy 1	31 Kindy 1	1 Kindy 1	2 Kindy 2	3
	Parent Cuppa w/ Chaplain @ 9.00 Oz Harvest	<b>Gecko Sports -</b> <b>Soccer p-8</b>	<b>Willetton Stadi- um Basketball</b> <b>11am</b>	<b>Easter Parade</b> Assembly Grad Shirts presenta- tion & Parent M/tea	<b>Good Friday</b> <b>School</b> <b>Holidays</b> <b>Start</b>

**Students Return for Term 2 on Tuesday 21st April 2026**



## WE ARE HELPING OUR ENVIRONMENT WITH CONTAINERS FOR CHANGE

With your help, we can give millions of 10c containers another life!

You can get involved with Containers for Change at home by:

Saving your 10c containers and them to a Containers for Change refund point. Quoting Castlereagh membership number.

Physically donating your 10c containers to our school (we can provide a bag) or automatically donating your refund when you make a return by using our school member number. (see below). **Member Number: C10588582**

THANKS VERY MUCH FOR YOUR SUPPORT!

MEMBER NUMBER

Castlereagh School

C10588582



Keep your member number handy - share it with your supporters to raise funds and to track your fundraising efforts.

## Term One Important Dates

### Term 1, 2026

<b>Safer Internet Day</b> Tuesday 10 February	<b>International Day of Women and Girls in Science</b> Wednesday 11 February	<b>Valentine's Day</b> Saturday 14 February
<b>Lunar New Year</b> Tuesday 17 February	<b>International Mother Language Day</b> Saturday 21 February	<b>Schools Clean Up Day</b> Friday 27 February
<b>Labour Day</b> Monday 2 March	<b>World Hearing Day</b> Tuesday 3 March	<b>International Women's Day</b> Sunday 8 March
<b>NAPLAN testing</b> Wednesday 11 March to Monday 23 March	<b>Neurodiversity Celebration Week</b> Monday 16 March to Friday 20 March	<b>Harmony Week</b> Monday 16 March to Sunday 22 March
<b>National Close the Gap Day</b> Thursday 19 March	<b>National Ride2School Day</b> Friday 20 March	<b>International Day for the Elimination of Racial Discrimination</b> Saturday 21 March
<b>Purple Day (Epilepsy Awareness)</b> Thursday 26 March	<b>World Autism Awareness Day</b> Thursday 2 April	<b>Last day of Term 1</b> Thursday 2 April

### EVENTS & PUBLIC HOLIDAYS 2026

- Monday March 2nd:** Labour Day Public Holiday
- Tuesday March 3rd—13th:** IEP Collaborations
- Thursday March 5th:** School Council Meeting 9.15
- March 9-13:** Conductive Education Week
- Monday March 9th:** Term 1 Fundraiser starts
- Monday March 16th:** Wetlands Week—No Therapists
- Tuesday March 17th:** Gecko Soccer starts x 4 weeks  
Willetton B'Ball visits start x4wks
- Monday March 23rd:** Harmony Day—Dress Up
- Thursday March 26th:** Water Fun Day
- Thursday April 2nd:** Easter Parade & Assembly  
Graduation Shirt presented  
Parent Morning Tea  
Last Day of Term
- Friday April 3rd:** Good Friday -Holidays start

What an action packed term!

### Eat a RAINBOW of vegetables everyday!

Different coloured vegetables provide different nutrients for growing bodies. Supplying kids with lots of different coloured vegies and fruits each day is the best kick-start we can give them for health, growth, and concentration in the classroom.

**RED**  
Cherry tomato, radish, red capsicum, red apple, cherries, strawberries

**ORANGE & YELLOW**  
Corn, yellow capsicum, apricots, mandarin, carrots, rockmelon

**WHITE & BROWN**  
Cauliflower, nashi pears, mushrooms, white nectarine, banana

**GREEN**  
Sugar snap peas, green apple, pear, cucumber, broccoli, grapes, frozen peas

**PURPLE**  
Purple grapes, purple carrots, blueberries, plums, blackberries



Learn more at [crunchandsip.com.au](http://crunchandsip.com.au)

